

Turn Your Vision Into Reality

Fall 2015

BOX BUTTE GENERAL HOSPITAL

Almost 2 years to the day groundbreaking after the ceremony, Box **Butte** General Hospital celebrated the completion of their new patient care addition with an Open House and Ribbon Cutting on September 30th. The new 2-story addition includes new main а



entrance, private patient rooms, Rehab, Nursery, Labor & Delivery Rooms, Post Partum Rooms, Pharmacy, Trauma Rooms, ICU,

Treatment Rooms, OR, Recovery Rooms, Pre/Post Op Rooms, MRI, CT, X-Ray, Dexascan, Ultrasound, Mammography, Lab and Blood Draw. In just a few short weeks, all new equipment will be installed and the hospital will be moving in to the new addition. After the move is complete, the former areas will be renovated for expanded Rehabilitation and **Fitness** Center.







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SEWARD COUTY JUSTICE CENTER

Seward County broke ground this spring for a new \$12million Justice Center. The 44,000SF building will consist of a new jail, Sheriff's Office, Courts, County Attorney's Office, Emergency Dispatch Center, Probation Offices and Public Defender. The new building will be built next to the existing jail which will be demolished when construction is complete. Construction is expected to be complete late in 2016.







Top Left: Construction progress as of August 1 Bottom Left: Steel in place, September 25th



Top Right: Groundbreaking Ceremony on June 30th Bottom Right: Construction progress as of September 24



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LEAN CONSTRUCTION

Ownership of Beckenhauer Construction recently announced to all team members a new initiative to implement Lean Construction Practices throughout the organization. While implementing Lean Construction covers a wide range of potential practices, the underlying current is to eliminate waste and thereby provide greater value.

We have already taken some steps in our implementation of Lean Construction, our Conn Library project at Wayne State has started using a combination of the "Last Planner System" with "Pull Planning" sessions. This process engages subcontractor foremen in a very detailed planning session of the next week's activities and helps to identify any constraints that could affect the flow of work so the team can work on getting those obstacles out of the way.

We also began implementing the use of iPads on several of our projects in conjunction with electronically updated drawings. When the superintendent is walking the site and a question

is raised by a worker he has the latest updated asbuilt drawings at his fingertips on the iPad and doesn't have to walk back to the trailer to check the drawings, he already has them with him!

While we recognize the implementation of Lean will be an ongoing part of our focus on continuous improvement, we believe it is the surest way to deliver the greatest value to all stakeholders, to both our team members and the Owners of the projects we build.



"Pull Planning" session at Wayne State College



Almost everyone seems normal until you get to know them.

Confidence is what you have right before you understand the situation.

The best things in life are not things.

Everything will be alright in the end. If it's not alright, it's not the end.

The road to success is always under construction.

There is no chance unless you take one.

If you can't be a good example, you'll just have to be a horrible warning.

"I'm sorry" and "I apologize" mean the same thing - unless you are at a funeral.

A clear conscience is usually the sign of a bad memory.

Q: Why did the Sun go to school?

A: To get brighter!

Q: What did the alien say to the garden?

A: Take me to your weeder!

Q: What is an astronaut's favorite key on the keyboard?

A: The space bar!

Q: Why did the people not like the restaurant on the moon?

A: Because there was no atmosphere!

Q: What did the doctor say to the rocket ship?

A: "Time to get your booster shot!"

Q: Why couldn't the astronaut book a room on the moon?

A: Because it was full!

Q: What did Mars say to Saturn?

A: "Give me a ring sometime!"

Q: How do you get a baby astronaut to sleep?

A: You rocket!

Q: How does Jupiter hold up his trousers?

A: With an asteroid belt!

QUICK TIPS

Some say the Internet is forever. But what if you want to remove your accounts on social media or other popular websites? To make it easier, head over to AccountKiller.com. This website helps you remove your account or public profile on sites like Facebook, Google, and Skype. AccountKiller offers simple and clear instructions for deleting your online accounts. When you visit their homepage, you can type in the name of the site and you'll find instructions for deletion. They also offer a rating of how difficult it is to completely remove yourself. The worst offenders are on their Blacklist. Check this first whenever you are ready to sign up for a new service to make sure you won't be stuck forever.



Have you laughed today? Researchers have found that laughter might just be the best medicine. Laughing reduces stress, lowers blood pressure, and boosts your immune system. It can even improve relationships. Take

some moments each day to look at the lighter side of things and your mood and health will benefit.

If you are traveling with your family, divide each person's belongings across all the luggage. Do this instead of giving each person a dedicated bag for their things. Then, if one bag gets lost, you have not lost all of a single person's belongings.

Want an easy way to improve your nutrition? Simply make your meals more colorful. Vibrantly

colored fruits and vegetables are packed with flavonoids and carotenoids. These compounds work as antioxidants, helping to lower inflammation in your body. So add some blueberries, broccoli, carrots, and mangos to your daily meals and snacks and you'll be on the right track.



It can make a big difference when you bring your own cloth bags to the grocery store. If you shop just once a week, in three years you will have kept about 500 plastic grocery bags out of landfills. By using fewer bags, you will also help cut energy use when the bags are manufactured. Even better, some grocery stores offer discounts when you use your own bags. This means that your bag will pay for itself in no time.

Math Logic

A math teacher was helping her students learn addition and subtraction of variables. She said, "Terms cannot be subtracted from one another unless they are like terms. For example, we cannot take five apples from six bananas."

Paul's hand shot up. "But if that is true, then how come we can take five apples from three trees?"

Who Gets the Job?

A group of people were interviewing candidates for a job opening. They could not decide between a mathematician, a statistician, and an accountant. They decided to narrow it down by asking a single final question of each. As they called each candidate in, they said, "We only have one question: what is 500 plus 500?"

Without hesitating for a moment, the mathematician answered, "1000." The committee sent him out and called in the statistician.

He pondered the question for a moment and then answered, "1000...and I'm 95% confident of that answer." They thanked him and sent for the accountant.

The accountant was asked the same question, "What is 500 plus 500?" He replied, "What would you like it to be?"

The accountant was promptly hired.

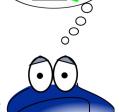
Clever Man

A man was walking through the forest one day when he stumbled upon a talking frog. The frog shouted to him, "If you kiss me, I will turn into a beautiful princess."

The man bent over and grabbed the frog, shoving it into his pocket. Startled, the frog spoke up again saying, "Did you hear me? I will turn into a princess if you kiss me. In fact, I will stay with you for as long as you want me."

The man pushed the frog deeper into his pocket and kept on walking. Finally, the frog asked, "What is the matter? I've told you what will happen if you kiss me. Why won't you do it?"

The man smiled and said, "Look, I'm a very busy man. I don't have time for a girlfriend. But a talking frog, now that's cool!"



Trivia Quiz: Where in the World?

- 1. Although French and Spanish are also spoken here, this tiny country, located in the Pyrenees Mountains, has designated Catalan as its official language.
- 2. Which of the world's nations with a population of over one million has the smallest area?
- 3. Through how many countries does the equator pass?
- 4. What is the national language of Kenya?
- 5. What two countries are separated by the Khyber Pass?
- 6. Which country exports over half the world's cork?
- 7. In what country is Casablanca located?
- 8. What is the second-highest mountain on Earth?
- 9. In which city would you find Copacabana Beach?
- 10. What is Bombay called today?



Answers:

10. Mumbai.

9. Rio de Janeiro, Brazil.

8. K2, also known as Mt. Godwin-Austen.

7. Morocco.

6. Portugal.

5. Pakistan and Afghanistan.

4. Swahili.

3. Fifteen.

2. Singapore.

1. Andorra.